

PSHE Intent

The positive culture at NBIS is a nurturing environment in which every child is encouraged to reach their full potential. We teach our children about mutual respect, resilience that develops self-esteem, and independence to prepare them for the wider world. Our school curriculum explores a range of values that allows our children to develop positive attitudes and behaviours that will enable them to live a healthy lifestyle, both physically and emotionally, whilst keeping themselves safe.

Content – YR

Who we are (personal), how we get along with others (social) and how we feel (emotional) are foundations that form the bedrock of our lives. As we move through life, we are continually developing our sense of self as we weave a web of relationships with self, others and with the world.

Personal, Social and Emotional Development is fundamental to all other aspects of lifelong development and learning, and is key to children's wellbeing and resilience. For babies and young children to flourish, we need to pay attention to how they understand and feel about themselves, and how secure they feel in close relationships: in so doing they develop their capacities to make sense of how they and other people experience the world. Children's self-image, their emotional understanding and the quality of their relationships affect their self-confidence, their potential to experience joy, to be curious, to wonder, and to face problems, and their ability to think and learn.

A holistic, relational approach creates an environment that enables trusting relationships, so that children can do things independently and with others, forming friendships. Early years practitioners meet the emotional needs of children by drawing on their own emotional insight, and by working in partnership with families to form mutually respectful, warm, accepting relationships with each of their key children.

Content – KS1

PSHE education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work. They learn about how to work well together, how to manage different relationships and how to cope with change.

Alongside our PHSE curriculum we also teach our children how to look after their own mental well-being. We use a scheme of work called 'Six Strands of Learning' which has been developed by local behavioural specialists and teachers. This is incorporated half termly. We have launched 'No Outsiders', a diverse education programme which consists of books and activities to encourage children to discuss and take part in diverse conversations.

The PSHE curriculum also incorporates our RSE (Relationships and sex education) education in KS1. Our lessons are based around our values of Ready, Safe and Respect and reflects our PSHE intent.

YG	Curriculum Aspect	Unit Name	Term Covered
Year R	Self Regulation Managing Self Building Relationships	Family Time	Autumn 1
		I would wish for . .	Autumn 2
		Keeping safe	Spring 1
		Six strands of learning	Spring 2
		Looking forward	Summer 1
		Changes	Summer 2
Year 1	Ready and Respect	Working well together	Autumn 1
	Respect	Other people are special too	Autumn 2
	Safe	Caring for myself	Spring 1
	Respect	Caring for others	Spring 2
	Safe	Keeping safe	Summer 1
	Ready	Looking forward	Summer 2
Year 2	Ready	Who is in charge?	Autumn 1
	Respect	Celebrating and recognising difference	Autumn 2
	Safe	My body is important	Spring 1
	Respect	Changing friendships	Spring 2
	Ready and Respect	Taking charge	Summer 1
	Ready	Looking forward	Summer 2