

Come along to our introductory session to find out more about our successful **Family Nurturing Programme**



Wednesday 8th January 2025

9.15am - 10.15am

**Held in our Lookout Room
at North Baddesley Infant School**



This is also an opportunity to register and have a taster session for parents/carers/grandparents who are interested in attending the Family Links Programme

**Our Family Links SPRING programme starts on Wednesday 15th January
and will run on wednesday mornings, 9.15am - 11.15am**



on the following dates:

Week 2 - 22nd January

Week 7 - 5th March

Week 3 - 29th January

Week 8 - 12th March

Week 4 - 5th February

Week 9 - 19th March

Week 5 - 12th February

Week 10 - 26th March

Week 6 - 26th February



Come and meet previous families to talk about the programme and how it's helped them and their families. An opportunity to look at resources offered to support your family's emotional wellbeing.

Mrs Calder and Mrs Cundy facilitate these sessions and are there to answer any questions.

Tea, coffee and cake provided.

"I have felt totally respected and at ease within the group and the techniques have been fully and clearly explained."

"I'm not alone and we are all going through the same."

Feedback received from families who have attended our Family Links Programmes

"It's brilliant - everyone should do it!"

"The group were fantastic. They were extremely supportive, respectful, interactive and listened without being judgemental. Loved being around this group!"

For more information please contact Mrs Calder and Mrs Cundy in confidence familylinks@northbaddesley-inf.hants.sch.uk or call 02380412412 (admin office)



