North Baddesley Infant School, Nursery and Pre-School

Policy for Relationships and Sex Education in School (RSE)

This policy was agreed and formally adopted on 7/11/2020.

This policy will be reviewed on annual basis.

Last review: November 2020, November 2023, September 2026

Our policy for Relationships and Sex Education in School (RSE) relates to other school policies and should be read in conjunction with these. Any reference to 'parent(s)' throughout the policy refers to parents, carers or anyone else with primary care responsibility for a child. Any reference to school throughout the policy also refers to nursery and pre-school, as applicable.

What is Relationships, Sex and Health Education?

From September 2020 it is mandatory for all Primary Schools to teach Relationships Education and Health Education.

For Relationships Education:
'The focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.' From The Department for Education

When teaching Relationships Education, we aim to reflect our value of respect. Our teaching will be enhanced through our PSHCE, Six Strands for Wellbeing Programme and No Outsiders curriculum. Relationships Education will be taught in the context of caring relationships, appropriate to the age of our children and refer to those relationships which our pupils will be familiar with. This means that children will be able to talk freely about the relationships they experience within their own family and circumstances. In addition, Relationships Education will promote self-esteem and emotional health and wellbeing and help children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

General Principles

Our Policy for Relationships and Sex Education in School supports this by:

1. Encouraging children to develop caring attitudes to all living things.
2. Recognising the importance of the family, its range and diversity and the need for loving, caring, stable relationships.
3. Ensuring that there is no stigmatism of children based on their home circumstances.
4. Ensuring that all children are aware of the need for personal hygiene and safety, respecting and caring for their own bodies.
5. Enabling children to make informed decisions about their lives.
6. Making children aware of their own changing physical and emotional needs and helping them to make sense of these changes which they encounter as they mature.

Our procedure for teaching Relationships and Sex Education in School

- We will help each child to learn how to relate to those who are close to them, family and friends and to foster a caring nature.
- Recognise and respect that not all families act in the same way or have the same members.
- Give children the opportunity to care for each other, animals and plants within the school environment.
- Lead whole school assemblies where necessary to provide information on personal safety (Pantasaurus, NSPCC, Safer internet).
- Through the history curriculum, discuss changes within the children's lives from babyhood to school age.
- Encourage children to be able to discuss and explore issues relating to relationships.

- Through cross curricular planning, ensure that children are aware of the need for personal safety and hygiene (PHSCE, Science).
- Ensure that the education we provide is always relevant to the child's age and experience.

To enhance our Relationships Education offer, we deliver key learning through the scheme Six Strands for Wellbeing which has been designed and produced by the Primary Behaviour Service. This scheme enables staff to follow a programme of study supporting children's mental, social, and emotional wellbeing. The No Outsiders curriculum is an inclusive education, promoting community cohesion to prepare young people and adults for life as global citizens.

Through RSE teaching children develop in three key areas: attitudes and values; personal and social skills and knowledge and understanding. Key skills listed below equip children with foundational principles and skills that will improve their mental health and relationships and academic achievement. Our desire at North Baddesley Infant School, Nursery and Pre-School is to ensure every child feels safe and valued.

Attitudes and values**:**

- Learning the values of ready, safe and respectful.
- Exploring, considering and beginning to understand moral dilemmas through PSHCE.
- Developing critical thinking as part of decision making (P4C).

Personal and social skills:

- Learning to manage emotions and relationships with confidence and sensitivity.
- Developing self-respect and empathy for others.
- Learning to make choices based on an understanding of difference and with absence of prejudice.
- Managing and resolving conflict.
- Developing skills in personal relationships, e.g. friendships, bullying, building of self-esteem, communication, assertiveness.
- Helping our children to protect themselves by affirming their rights, to be able to resist unwanted touch or advances and to talk about such matters openly.

Knowledge and understanding:

- Encouraging acceptance of physical and sexual development by providing appropriate vocabulary for all parts of the body and encouraging positive attitudes to all bodily functions.
- Generating an atmosphere where questions and discussion on physical and relationship matters can take place without embarrassment.
- To be aware of sources of adult help and support.

Monitoring, Evaluation and Review

The school will review this policy on an annual basis and assess its implementation and effectiveness regularly. The policy will be promoted and implemented throughout the school, nursery and pre-school.